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The ETS-5 transcription factor regulates activity states in *Caenorhabditis elegans* by controlling satiety

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Animal behavior is shaped through interplay among genes, the environment, and previous experience. As in mammals, satiety signals induce quiescence in *Caenorhabditis elegans*. Here we report that the *C. elegans* transcription factor ETS-5, an ortholog of mammalian FEV/Pet1, controls satiety-induced quiescence. Nutritional status has a major influence on *C. elegans* behavior. When foraging, food availability controls behavioral state switching between active (roaming) and sedentary (dwelling) states; however, when provided with high-quality food, *C. elegans* become sated and enter quiescence. We show that ETS-5 acts to promote roaming and inhibit quiescence by setting the internal “satiety quotient” through fat regulation. Acting from the ASG and BAG sensory neurons, we show that ETS-5 functions in a complex network with serotonergic and neuropeptide signaling pathways to control food-regulated behavioral state switching. Taken together, our results identify a neuronal mechanism for controlling intestinal fat stores and organismal behavioral states in *C. elegans*, and establish a paradigm for the elucidation of obesity-relevant mechanisms.

ETS transcription factor | neuronal signaling | satiety | fat levels | quiescence

Animal behavior is strongly influenced by the availability of food. In invertebrates and vertebrates, appetite, locomotor activity, and sleep rhythms are all driven by nutritional state (1–7). When malnourished, animals seek out a new food source by actively exploring their environment (roaming), whereas animals that are well fed tend to explore less (dwelling) and when fully sated enter a quiescent or sleep-like state (1–3, 8, 9). Transitions between these behavioral states can be regulated by sensory perception of external stimuli and through gut signals or other internal cues that are generated according to food quality (3, 4, 6).

Initial evidence for neuronal regulation of feeding behavior was shown in mammals using hypothalamic lesions (10). Sectioning of specific regions within the rat hypothalamus evoked opposing behaviors. Removal of one section caused overeating and obesity, whereas removal of an adjacent section resulted in starvation owing to reduced eating (10). Subsequent studies showed that the pro-opiomelanocortin-expressing neurons in the hypothalamus function to suppress feeding, whereas a hypothalamic region that contains neuropeptide Y/agouti-related protein-expressing neurons promotes feeding (11). These adjacent brain regions integrate signals received from the gut that report satiety (12). The nutritive content of food itself also serves as a potent regulator of behavior. In mammals, a diet loaded with fats and sugars stimulates overfeeding and leads to obesity (13). In addition, rats can learn to select a source of food based exclusively on its nutritional value in the absence of external cues (14).

In *Caenorhabditis elegans*, as in mammals, nutritive value is a behavioral stimulus (1, 4). Nematodes exhibit different behaviors when cultured on low-quality food compared to high-quality food, with high-quality food defined as a superior supporter of worm growth (1, 4). Sensory perception of food in the environment can

promote roaming, whereas internal perception of food abundance in the intestine promotes dwelling (3). As such, animals that are unable to sense their environment, and thus cannot sense the presence of food, exhibit reduced time spent roaming (9).

When fed on the standard laboratory *Escherichia coli* strain (OP50, a low-quality food), *C. elegans* spontaneously transition between dwelling and roaming, and are quiescent <5% of the time (1). This suggests that nematodes are not fully sated in laboratory conditions and hence increase their roaming behavior to search for a more optimal environment. In support of this idea, when grown on high-quality bacteria, *C. elegans* are >90% quiescent due to satiety (1). At a behavioral level, this quiescent state is reminiscent of postprandial somnolence in mammals. Postprandial somnolence is thought to reflect an increase in the tone of the parasympathetic nervous system relative to the sympathetic nervous system, as well as altered activity of arousal circuits as a result of increased blood glucose levels, although the pathways mediating these effects are poorly understood (15). In *C. elegans*, neuronal signaling pathways using serotonin (5-HT), pigment-dispersing factor (PDF) neuropeptides, TGF- β , and the cGMP-dependent protein kinase EGL-4 regulate roaming, dwelling, and quiescent behaviors (1–3, 9). These modulators of food-regulated behavior function in dedicated, mostly nonoverlapping neuronal circuits that detect environmental cues, along with evaluating internal metabolic status (2); however, the transcriptional control of food-regulated behaviors has not yet been defined.

The ETS (E twenty-six) family is one of the largest transcription factor (TF) families in metazoa. In humans, there are 29 family members, whereas in *C. elegans*, there are 10, with representative members of all of the major classes (16–18). ETS TFs use their conserved 85-aa winged helix-turn-helix ETS

Significance

Animals constantly monitor their internal energy levels and modify their eating and foraging behavior as required. Our work defines a role for the ETS-5 transcription factor in the control of body fat levels and thereby the activity of animals. We have defined the responses controlled by ETS-5 at the genetic, cellular, and organismal levels and identified how ETS-5 interacts with known pathways that regulate food-regulated behavioral states. These findings provide insight into how fat levels are regulated and how satiety controls organismal activity.

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The authors declare no conflict of interest.

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domain to interact with regulatory elements of target genes harboring purine-rich DNA sequences (19–21). Members of the ETS TF family are functionally diverse; in *C. elegans*, for example, AST-1/ETV1 regulates axon guidance and dopaminergic neuron differentiation (22, 23), LIN-1/ELK3 regulates vulval development downstream of MAP kinase signaling (24), and ETS-4/SPDEF controls lifespan (25). We and others have previously shown that ETS-5/FEV controls the carbon dioxide-sensing function of the BAG neurons (26, 27). In vertebrates, the homologs of ETS-5, FEV(human)/Pet1(mouse), also play prominent roles in brain development and function, including the control of circadian rhythms, as well as anxiety-like and aggressive behaviors (28–30).

We sought to identify additional neuronal functions of ETS-5 by screening for behavioral phenotypes in *ets-5* loss-of-function mutant animals. Using this approach, we discovered that *ets-5* is required for food-regulated behavioral state switching. When cultured on low-quality food, *ets-5* mutant animals exhibit reduced roaming and an increase in quiescent behavior, suggesting that they are more satiated, or perceive that they are satiated, even on low-quality food. This behavioral change was abrogated when *ets-5* mutant animals were malnourished, suggesting that internally generated metabolic signals regulate the changes in behavior. Indeed, we found that *ets-5* mutants stored excess fat, and that a reduction in fatty acid biosynthesis suppressed the exploratory defects of these animals. Finally, we show that *ets-5* acts in the ASG and BAG sensory neurons to control exploratory behavior, most likely through the action of multiple neuropeptides.

Taken together, our findings identify a function of the conserved ETS-5 TF in food-regulated behavioral state switching that is controlled by internal metabolic signals of satiety. In mammals, ETS TFs are associated with obesity regulation and behavioral states (31, 32) pointing to a potentially conserved regulatory function.

Results

The ETS-5 Transcription Factor Is Required for Exploratory Behavior in *C. elegans*. When cultured on a standard laboratory bacterial lawn (OP50 *E. coli*), we noticed that *ets-5* null mutant animals do not explore their environment to the same extent as wild-type (WT) animals. To quantify this defect, we used a well-established exploratory behavior paradigm (2). In this assay, single larval stage 4 (L4) animals were placed in the center of a nematode growth medium (NGM) agar plate that was completely coated with a lawn of OP50 *E. coli* bacteria, and the tracks the animals made over a 16-h period were recorded (Fig. 1*A* and Fig. S1*A*). Compared with WT animals, the *ets-5* null mutant animals exhibited an approximate 10-fold reduction in exploratory capacity (Fig. 1*B*). Both of the *ets-5*-predicted null alleles that we analyzed exhibited similar defects in exploratory behavior, and we rescued the *ets-5(tm1734)* mutant phenotype using an *ets-5::gfp* fosmid transgene (Fig. 1*B*).

The significantly reduced exploration exhibited by the *ets-5* mutant animals could be caused by general defects in neuronal function and/or locomotion. However, we found that the loss of *ets-5* did not cause a detectable change in locomotor speed or in the ability to sense and respond to gustatory and olfactory cues (Fig. S1*B–F*), indicating that the exploratory defect observed in the *ets-5* mutant animals was not caused by general defects in locomotion or in the ability to sense external cues in the environment.

To more precisely define the effect of *ets-5* loss on exploratory capacity, we studied the behavioral state of individual worms. We detected three behavioral states in this analysis: roaming, dwelling and quiescence, as described previously (1). Roaming animals moved forward rapidly, turning infrequently; dwelling animals either turned frequently in a localized area or remained stationary while pumping the pharynx; and quiescent animals did not move or pump the pharynx during the 10-s analysis period (1, 2). We found that the proportions of WT animals in the roaming (21%),

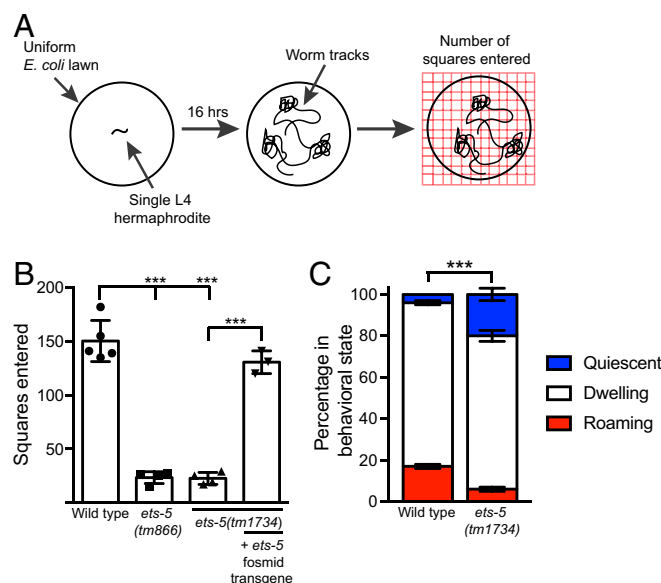


Fig. 1. ETS-5 controls exploratory behavior. (A) Schematic of the assay used to evaluate exploration behavior across a bacterial lawn. The grid has 250 squares. The number of squares entered can vary from day to day; thus, all genetic manipulations are compared with controls tested in parallel. (B) Two independent mutant alleles of *ets-5* (*tm866* and *tm1734*) are defective in exploring a bacterial lawn. The exploration defect of *ets-5(tm1734)* mutant animals can be rescued through transgenic expression of an *ets-5::GFP*-expressing fosmid. At least three independent replicates are shown ($n > 20$ per replicate). *** $P < 0.001$, ANOVA with Tukey's multiple comparisons test. (C) Proportions of WT and *ets-5(tm1734)* mutant animals in the roaming, dwelling, and quiescent states. $n > 100$. *** $P < 0.001$, t test.

dwelling (75%), and quiescent (4%) states were similar to those reported previously (1) (Fig. 1*C*). In *ets-5* mutant animals, the proportion of dwelling animals was unchanged (73%), whereas that of roaming animals was reduced (8%) and that of quiescent animals was increased (19%) (Fig. 1*C*). Taken together, these data indicate that *ets-5* is required to control the behavioral state of *C. elegans*, in which *ets-5* loss causes reduced activity.

***ets-5* Acts in the ASG and BAG Sensory Neurons to Control Exploratory Behavior.** To elucidate the focus of action for ETS-5 in the regulation of exploratory behavior, we analyzed the full 4-kb upstream intergenic region of *ets-5* and found that it drives the expression of a fluorescent reporter in two pairs of neurons (Fig. 2*A*). Based on position, morphology, and colocalization with neuron-specific reporters, we identified these neurons as ASGL/R and BAGL/R (Fig. 2*A* and Fig. S2*A*). We found that the *ets-5(tm1734)* exploration defect was rescued in transgenic animals expressing *ets-5* cDNA under control of the *ets-5* promoter (Fig. 2*B*), suggesting that the expression of *ets-5* in these neurons controls exploratory behavior. To reinforce these data, we performed neuron-specific RNA-mediated interference (RNAi) of *ets-5* in the ASG and BAG neurons, and found that exploratory behavior was diminished (Fig. 2*C*). These data demonstrate that *ets-5* acts in the ASG and/or BAG neurons to regulate exploratory behavior in *C. elegans*.

To confirm the importance of the ASG and BAG neurons in exploration, we performed genetic and laser ablation experiments (Fig. 2*D* and *E* and Fig. S2*B*). We first used a laser microbeam to kill the ASG and BAG neurons and then assayed the exploratory capacity of ablated animals. We found that ablation of either the ASG or BAG neurons reduced exploration (Fig. S2*B*). For technical reasons, we were unable to reliably laser-kill the ASG and BAG neurons in the same animal, and thus we

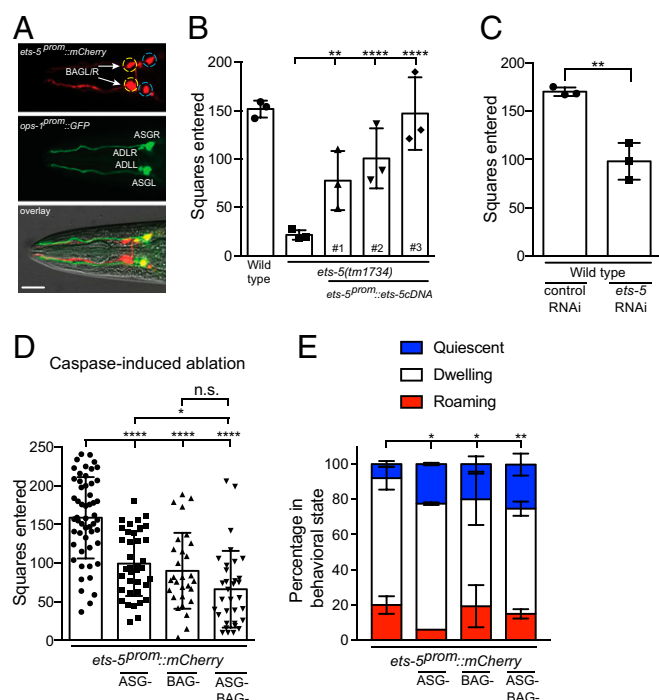


Fig. 2. *ets-5* acts in the ASG and BAG neurons to control exploratory behavior. (A) The *ets-5* promoter drives expression of mCherry protein in the BAG neurons (Fig. S2), as reported previously (26, 27), and ASG neurons. (Top) *ets-5^{prom}::mCherry* reporter. (Middle) *ops-1^{prom}::GFP* reporter, expressed in the ASG and ADL neurons. (Bottom) Overlay with DIC. Anterior is to the left. (Scale bar: 20 μ m.) (B) Expression of *ets-5* cDNA controlled by the 4-kb *ets-5* promoter (BAG- and ASG-expressed) rescues the exploratory defect of *ets-5(tm1734)* mutant animals. # refers to independent transgenic lines. Three independent replicates are shown ($n > 20$ per replicate). ** $P < 0.001$, **** $P < 0.0001$, ANOVA with Tukey's multiple comparisons test. (C) BAG- and ASG-specific RNAi, using the *ets-5* promoter to drive *ets-5* snapback RNA, reduced exploratory behavior of WT animals. The *ets-5^{prom}::mCherry* cotransformation marker was injected into WT animals for the control. Three independent replicates are shown ($n > 10$ per replicate). ** $P < 0.002$, Mann-Whitney U test. (D) Caspase-induced ablation of either the ASG or BAG neurons reduced exploratory behavior of *ets-5^{prom}::mCherry*-expressing animals. Ablating both the ASG and BAG neurons caused a further reduction in exploratory behavior. $n > 29$. **** $P < 0.0001$, ASG or BAG compared with control; * $P < 0.01$ comparing ASG and ASG/BAG; n.s., not significantly different between BAG ablation and ASG-BAG ablation, ANOVA with Tukey's multiple comparisons test. (E) Caspase-induced ablation of either the ASG or BAG neurons increased the fraction of animals in the quiescent state compared with controls. In contrast, only ASG ablation caused a reduction in roaming. $n > 29$. * $P < 0.05$, ** $P < 0.01$, ANOVA with Tukey's multiple comparisons test.

turned to the split caspase genetic ablation system (33). As in the laser ablation experiments, caspase-induced genetic ablation of either the ASG or BAG neurons reduced exploration (Fig. 2D). We also found that ablation of both the ASGs and BAGs resulted in a further reduction of exploratory capacity, resembling *ets-5* mutant animals (Fig. 2D). In concurrence with this finding, behavioral state analysis of ASG ablation, BAG ablation, and ASG and BAG ablation showed an increase in quiescence compared with controls (Fig. 2E). These data confirm the roles of the ASG and BAG neurons in the regulation of exploratory behavioral states in *C. elegans*.

ETS-5 Mutant Defects in Oxygen- and Carbon Dioxide-Sensing Function Do Not Affect Exploratory Behavior. Previous studies have shown that ETS-5 specifies the oxygen- and carbon dioxide-sensing neuron fate of the BAG neurons (26, 27). ETS-5 is required

for BAG expression of the CO₂-sensing receptor-type guanylate cyclase GCY-9 and the O₂-sensing soluble guanylate cyclases GCY-31 and GCY-33. As such, *ets-5* mutant animals are unable to coordinate behavioral responses to CO₂ exposure or to downsteps in O₂ levels (Fig. S1B and C) (26, 27). We tested whether these deficits in O₂- and CO₂-sensing function in *ets-5* mutant animals may be responsible for their reduced exploratory capacity. We analyzed the *gcy-9(n4470)* mutant (loss of BAG-regulated CO₂ sensing), the *gcy-31(ok296); gcy-33(ok232)* double mutant (loss of BAG-regulated O₂ sensing) and the *gcy-9(n4470) gcy-31(ok296); gcy-33(ok232)* triple mutant (loss of BAG-regulated O₂ and CO₂ sensing) (Fig. S2C). We found that none of these mutant backgrounds caused a significant change in exploratory behavior, indicating that defective O₂ and CO₂ sensing in *ets-5* mutant animals does not cause the exploration defects (Fig. S2C).

***ets-5* Functions in a Complex Genetic Network with 5-HT, PDF, and cGMP Signaling to Control Behavioral State Switching.** Previous work has shown that the dwelling, or resting, state is promoted by 5-HT signaling, and that the roaming, or active, state is promoted by PDF signaling (2). In addition, EGL-4 cGMP-dependent protein kinase signaling inhibits roaming and promotes quiescence (1, 9). To better understand the genetic hierarchy between these pathways and the behavioral state regulator ETS-5, we performed double-mutant genetic analysis. The exploration assay shown in Fig. 1B provided some epistatic information (Fig. S3); however, the resolution was low, and it was unable to gauge quiescence. Therefore, we also directly studied the behavioral state of single worms as shown in Fig. 1C.

To assay behavioral states and exploration, we first crossed *ets-5(tm1734)* mutants with animals mutant for *mod-1(ok103)*, which encodes a 5-HT-gated chloride channel previously shown to suppress roaming (Fig. 3A and Fig. S3A) (2). In concurrence with this work, we found that the loss of *mod-1* increased exploration; however, in *mod-1; ets-5* double mutant animals, we observed the *ets-5* mutant phenotype (Fig. S3A). This finding suggests that *ets-5* acts genetically downstream of 5-HT signaling to control exploration behavior. However, when we studied the behavioral states of these animals directly, we found that loss of MOD-1-dependent 5-HT signaling suppressed the increased quiescence, but not the reduced roaming, of *ets-5* mutant animals (Fig. 3A). This finding suggests that defective neuronal signaling in *mod-1* mutant animals switches the behavioral state of *ets-5* mutants from quiescent to dwelling.

We next performed a similar analysis with the PDF-1 pathway. Loss of PDF signaling using the PDF-1/2 receptor mutant *pdf-1(ok3425)* resulted in exploratory behavior similar to that exhibited by *ets-5* mutant animals (Fig. S3B). The *ets-5; pdf-1* double mutant explored to a similar degree as each single mutant, thus preventing any further resolution. Using behavioral state analysis, we found that the *ets-5; pdf-1* double mutant exhibited similar quiescence and lack of roaming as the *pdf-1* single mutant (Fig. 3B). This finding suggests that PDF-1 acts downstream of *ets-5* to control behavioral state. Finally, we confirmed a previous report that cGMP signaling inhibits roaming (9), showing that *egl-4(n479)* loss-of-function animals explored more than WT animals (Fig. S3C). When the *egl-4(n479)* and *ets-5(tm1734)* mutations were combined, WT exploration was restored (Fig. S3C), and in the behavioral state assay, *egl-4* was epistatic to *ets-5* (Fig. 3C). This finding suggests that EGL-4 acts downstream of ETS-5 in the regulation of exploration. Taken together, these data present a complex network comprising a TF (ETS-5) and conserved neuronal signaling pathways (5-HT, PDF, and cGMP) that control behavioral states in *C. elegans* (Fig. 3D). It predicts that exquisite control of neuronal signaling by these factors can modulate the behavioral state of animals to optimize their survival potential in ephemeral environments.

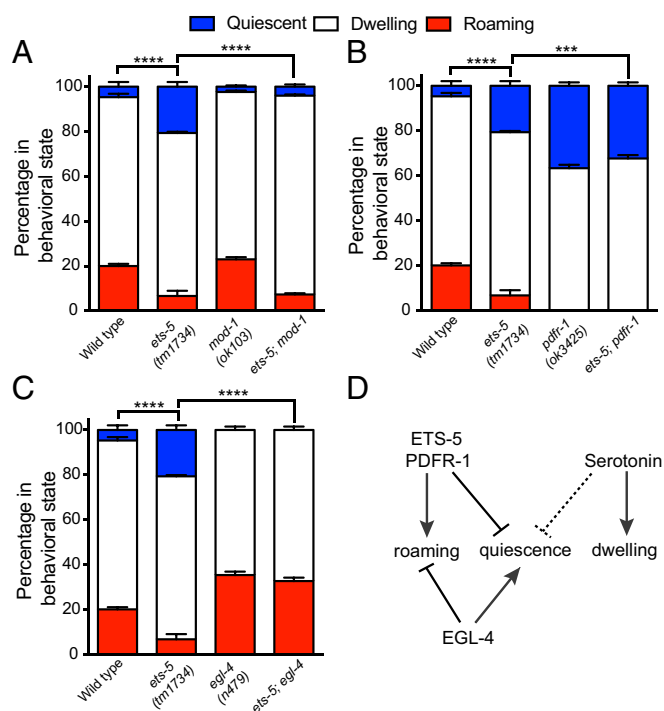


Fig. 3. Genetic epistasis analysis between *ets-5* and known signaling pathways that control exploratory behavior. (A) 5-HT signaling promotes dwelling and has a subtle role in suppressing quiescence. *ets-5* is epistatic to 5-HT signaling in the control of roaming; however, in *ets-5*; *mod-1* double-mutant animals, the enhanced quiescence of *ets-5* mutants is suppressed. $n > 80$. **** $P < 0.0001$, ANOVA with Tukey's multiple comparisons test. (B) PDF signaling promotes roaming and inhibits quiescence. *ets-5*; *pdf-1* double-mutant animals exhibit similar quiescence levels as each single mutant. $n > 80$. *** $P < 0.001$, **** $P < 0.0001$, ANOVA with Tukey's multiple comparisons test. (C) EGL-4 cGMP-dependent protein kinase signaling strongly inhibits roaming behavior and promotes quiescence. *ets-5*; *egl-4* double-mutant animals exhibit the *egl-4* mutant phenotype. $n > 80$. **** $P < 0.0001$, ANOVA with Tukey's multiple comparisons test. (D) The molecular pathways that control roaming, dwelling, and quiescence. The dotted line represents proposed weak regulation.

Malnutrition Suppresses Exploration Defects Caused by Loss of ETS-5.

It was previously shown that satiety, engendered by high-quality food, induces quiescence (1). We hypothesized that the sixfold increase in quiescence in *ets-5* mutant animals could be a result of enhanced satiety or a perception of satiety. Therefore, we tested whether reducing satiety through chemically induced or genetically induced malnutrition could modify the *ets-5* mutant phenotype (Fig. 4A and B). First, we treated OP50 *E. coli* bacteria with the antibiotic aztreonam, which prevents bacterial division and produces filamentous bacteria that are inedible to worms (3, 34). When *ets-5* mutant animals were placed on exploration plates containing this inedible food, their exploratory ability was restored to WT levels (Fig. 4A). This effect of malnutrition occurred rapidly; a time-course experiment showed that *ets-5* mutant animals explored similarly as WT animals as early as 1 h after being transferred to aztreonam-treated bacterial plates (Fig. S4).

The suppression of the *ets-5* mutant exploratory defects by aztreonam-treated bacteria could be due to a sensory response to poor (inedible) food or to an internal starvation/metabolic response. To distinguish between these possibilities, we crossed the *ets-5(tm1734)* strain into a mutant lacking the EAT-2 ligand-gated ion channel that has been used to model dietary restriction in previous studies (35, 36). The EAT-2 channel is required for rapid pharyngeal pumping on food, and as such, the rate of

pumping in *eat-2(ad465)* mutant animals fed on *E. coli* bacteria was only ~15% that of WT animals. Consequently, *eat-2(ad465)* mutants stored less fat and explored more compared with WT animals (37) (Fig. 4B). We also found that the *eat-2(ad465)* mutation fully suppressed the *ets-5(tm1734)* exploration defect (Fig. 4B). Taken together, these data show that decreasing food intake can reverse the reduced exploratory behavior of *ets-5* mutant animals. A possible explanation for this shift in behavior could be that *ets-5* controls the level of an internal satiety signal, and that a reduction of food cues stimulates exploratory behavior to enable optimal foraging.

***ets-5* Mutants Exhibit Increased Fat Storage.** What could be the satiety signal in *ets-5* mutant animals that causes reduced exploration? We hypothesized that loss of *ets-5* may cause increased fat storage, and that the resulting enhanced satiety might thus trigger quiescence. Indeed, it has been noted that quiescent animals often have a dark intestine, an indicator of increased fat storage (1). In *C. elegans*, fat storage can be assayed by staining fixed worms with the lipophilic dyes Nile Red and Oil Red O (37, 38). We stained *ets-5* mutant animals using both dyes and found that loss of *ets-5* caused enhanced fat storage compared with WT animals (Fig. 5A and Fig. S5A). The increase in body fat was not accompanied by an enhanced rate of pharyngeal pumping (Fig. S5B), suggesting that a shift in metabolism, rather than increased feeding, is responsible for the increased body fat phenotype of *ets-5* mutant animals.

Based on our finding that transgenic expression of *ets-5* in the ASG and BAG neurons rescued the *ets-5* mutant defect in exploratory behavior (Fig. 2B), we asked whether such neuron-specific expression could rescue the excess fat phenotype of the *ets-5(tm1734)* mutant. Using Oil Red O staining, we found that expression of *ets-5* cDNA in the ASG and BAG neurons reduced the levels of fat in *ets-5* mutant animals (Fig. 5B). These data suggest that increased fat in *ets-5* mutant animals causes a reduction in exploratory behavior.

To more directly investigate whether increased fat storage in *ets-5* mutant animals causes reduced exploration, we decreased body fat levels in the intestine by RNAi of *pod-2* (encoding an acetyl-CoA carboxylase that produces malonyl CoA, a crucial precursor of fatty acid synthesis) and *elo-2* (encoding a palmitic acid elongase that converts C16:0 fatty acids to C18:0 fatty acids) (39–41). We found that *pod-2* and *elo-2* RNAi partially suppressed

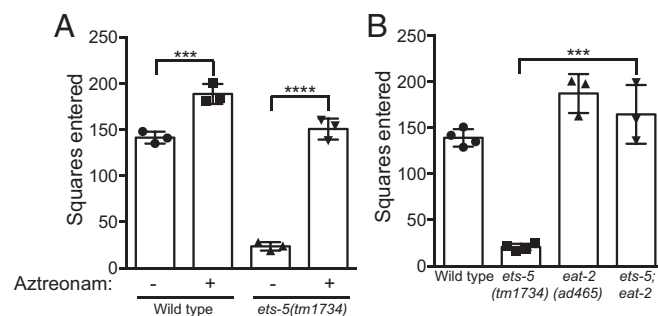


Fig. 4. Suppression of *ets-5* mutant defects by malnutrition. (A) Cultivation of WT animals with aztreonam-treated OP50 *E. coli* increases exploratory behavior. In addition, the exploratory defect of *ets-5(tm1734)* mutant animals is fully suppressed when animals are grown on this inedible food source. At least three independent replicates are shown ($n > 20$ per replicate). *** $P < 0.001$, **** $P < 0.0001$, ANOVA with Tukey's multiple comparisons test. (B) *eat-2(ad465)* mutant animals exhibit increased exploration compared with WT animals grown on OP50 *E. coli*. The exploratory defect of *ets-5(tm1734)* mutant animals is fully suppressed when *eat-2* is mutated. At least three independent replicates are shown ($n > 20$ per replicate). *** $P < 0.001$, ANOVA with Tukey's multiple comparisons test.

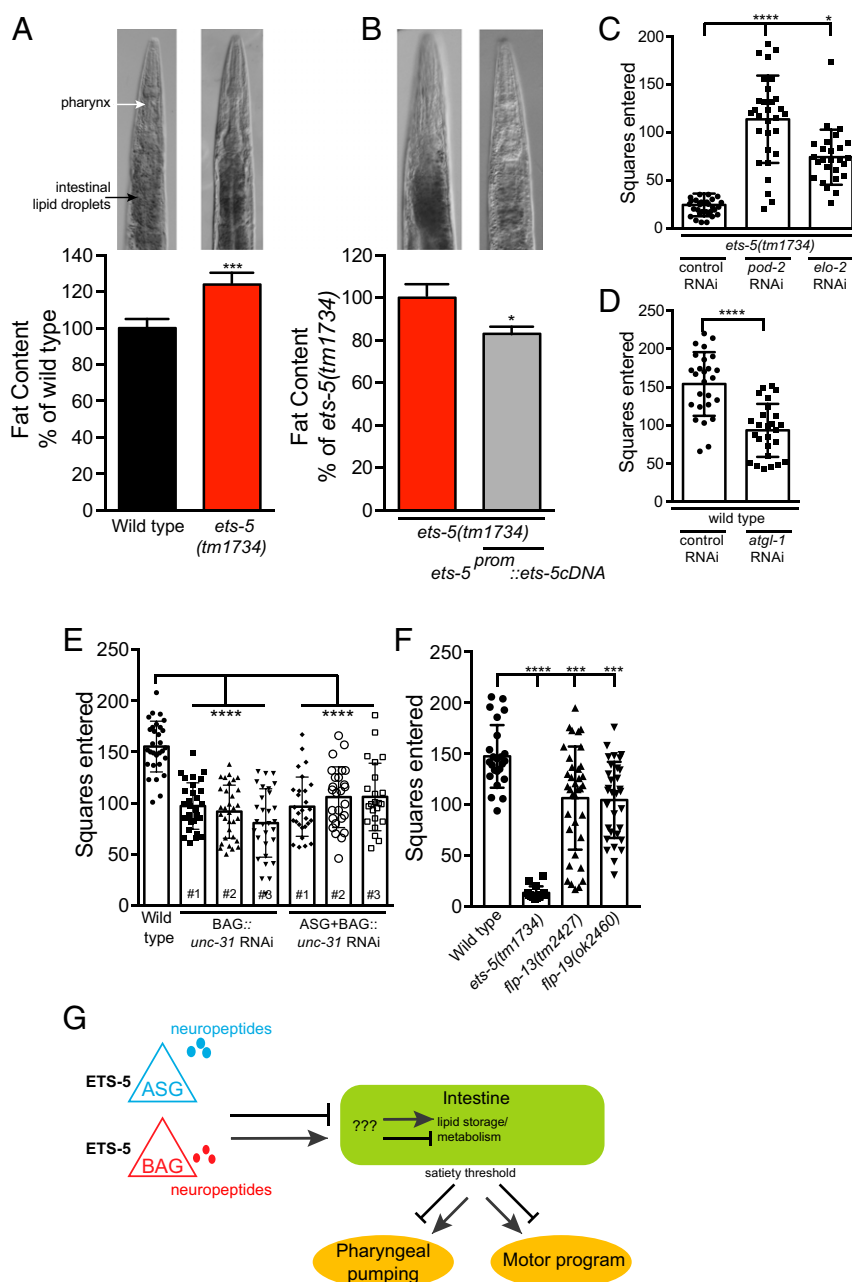


Fig. 5. Intestinal fat levels correlate with quiescence in *ets-5* mutant animals. (A, Top) Representative images of WT (Left) and the *ets-5(tm1734)* mutant (Right) fixed and stained with Oil Red O. Fat deposition in intestinal cells is visible as stained lipid droplets (black arrow). Animals are oriented facing upward, with the pharynx (white arrow) at the anterior. (A, Bottom) Fat content quantified for each genotype and presented as a percentage of WT animals \pm SEM. $n = 45$. $***P < 0.001$, t test. (B) Expression of *ets-5* cDNA controlled by the 4-kb *ets-5* promoter (BAG- and ASG-expressed) reduces intestinal fat levels of *ets-5(tm1734)* mutant animals. (Top) Representative images of an *ets-5(tm1734)* mutant animal (Left) and an *ets-5(tm1734)* mutant animal carrying the *ets-5^{prom::ets-5}* cDNA rescuing array (Right) fixed and stained with Oil Red O. (Bottom) Fat content quantified and presented as a percentage of *ets-5(tm1734)* mutant animals \pm SEM. $n = 36$. $*P < 0.01$, t test. Transgenic rescue line 3 from Fig. 2B was used for this analysis. (C) *pod-2* or *elo-2* RNAi knockdown suppresses the exploratory defect of *ets-5(tm1734)* mutant animals. L4440 (empty RNAi vector)-containing bacteria served as a control. $n > 20$. $*P < 0.03$, $****P < 0.0001$, ANOVA with Tukey's multiple comparisons test. (D) *atgl-1* RNAi knockdown reduces exploration of WT animals. L4440 (empty RNAi vector)-containing bacteria served as a control. $n > 26$. $****P < 0.0001$, Mann-Whitney U test. (E) RNAi knockdown of *unc-31* in the BAG (*gcy-33* promoter) or BAG and ASG neurons (*ets-5* promoter) reduces exploratory behavior of WT animals. $n > 23$. $****P < 0.001$, ANOVA with Tukey's multiple comparisons test. # refers to independent transgenic lines. (F) Deletion mutants of the FLP-13 and FLP-19 neuropeptides cause reduced exploratory behavior. WT and *ets-5(tm1734)* animals served as controls. $n > 15$. $****P < 0.0001$, $***P < 0.001$, ANOVA with Tukey's multiple comparisons test. (G) ETS-5 acts in the ASG and BAG neurons to regulate intestinal fat levels and exploratory behavior using predominantly neuropeptidergic signaling. We propose that fat levels affect organismal activity, where increased fat suppresses the feeding program (pharyngeal pumping) and motor program (exploratory locomotion). An intestinal satiety threshold maintains the appropriate level of activity for specific environmental conditions.

the defect in exploratory behavior of *ets-5* mutant animals (Fig. 5C), suggesting that the increased intestinal fat level in *ets-5* mutant animals causes the change in behavior.

To further investigate the link between fat storage and exploration, we increased intestinal fat levels in WT animals by performing RNAi against *atgl-1* (encoding an adipocyte triglyceride

lipase) (42). We found that *atgl-1* RNAi caused a reduction in exploratory behavior (Fig. 5D). Therefore, our data indicate that internal fat stores can be interpreted by *C. elegans* to modify exploratory behavior.

We have shown that exploratory behavior is modulated by genetic perturbations that regulate fat storage in *C. elegans* (Fig. 5). We next asked whether a change in diet could directly modify exploratory behavior. High-glucose diets in humans are closely linked to obesity (43). Likewise, glucose supplementation to the *C. elegans* diet caused a significant rise in fat storage, likely by altering the quality of bacterial food grown on glucose (44) (Fig. S5 C and D). Therefore, we investigated whether diet-induced fat storage also might affect exploratory behavior in WT animals by feeding worms with bacteria supplied with a high-glucose diet. As expected, we found that a high-glucose diet reduced the exploratory behavior of WT animals (Fig. S5E), as demonstrated by a decrease in the proportion of animals roaming (from 21% to 11%) and an increase in the proportion of those in quiescence (from 4% to 10%). This behavioral defect could be reversed after recovery on food with no glucose supplement (Fig. S5E), which is associated with decreased fat staining (Fig. S5F). These data indicate that the exploratory behavior of *C. elegans* is dynamic and responsive to internally generated satiety cues, most likely from the intestine.

Neuropeptide Signaling Contributes to the Control of Exploratory Behavior. Because the *C. elegans* intestine is not directly innervated, communication between the ASG and BAG neurons and the intestine most likely occurs through the action of neuropeptides. To test this hypothesis, we performed neuron-specific RNAi against *unc-31*, which encodes a calcium-dependent activator protein for secretion that is required for neuropeptide release (45). We found that both BAG-specific (*gcy-33* promoter) and ASG- and BAG-specific (*ets-5* promoter) knockdown of *unc-31* reduced the exploratory behavior of WT animals (Fig. 5E). The reduced exploratory capacity of ASG and BAG knockdown was similar to that of BAG knockdown alone, suggesting that the role of neuropeptides in the control of exploration may originate predominantly from the BAG neurons.

The transcriptional targets of ETS-5 in the ASG and BAG neurons have not been fully described; however, previous studies have shown that specific FMRFamide-related neuropeptides, expressed in the BAG neurons (FLP-13 and FLP-19), are regulated by ETS-5 (26, 27). Therefore, we examined the behavior of mutant strains lacking these neuropeptides, and found that loss of both *flp-13* and *flp-19* caused a partial decrease in exploratory capacity. Taken together, our findings show that the ETS-5 TF acts in the ASG and BAG neurons to control satiety-regulated behavioral states in *C. elegans*, most likely through the action of multiple neuropeptides (Fig. 5G).

Discussion

Satiety signals from the gastrointestinal tract and adiposity indicators from adipose tissue control appetite in mammals. Hypothalamic regions in the mammalian brain assimilate such information to enable the formulation of appropriate food-related behavioral responses. In *C. elegans*, as in mammals, satiety results in quiescence, which is reminiscent of postprandial somnolence. Here we report that the conserved ETS-5 TF regulates quiescence in *C. elegans* through the control of satiety. WT *C. elegans* exposed to low-quality food minimally entered quiescence owing to a lack of satiety, a behavior controlled by ETS-5, given that loss of this TF caused enhanced quiescence under the same conditions. As such, we propose that ETS-5 is required for setting the “satiety quotient” in *C. elegans*. In support of this hypothesis, we found that reducing fatty acid synthesis in the intestine was sufficient to suppress the *ets-5* mutant defects in exploratory behavior.

We found that when *ets-5* mutant animals were exposed to inedible food or their feeding was genetically impeded, their exploratory behavior resembled that of WT animals. This reversion of behavior is rapid, indicating that *ets-5* mutant animals can perceive and respond to their environment when challenged with low concentrations of food in their pharynx. Therefore, the ability to perceive the presence of low-value nutritional food through mechanosensory and chemosensory cues (34) is intact in *ets-5* mutant animals. These findings suggest that signals reporting the internal metabolic state of the animals (satiety) can be overridden by indicators of poor food influx into the mouth, most likely through neuronal signaling. This would be a potential means of anticipating starvation that would enable animals to rapidly relocate to more optimal environments. Given that *C. elegans* lose approximately 70% of their body fat within 2–3 h of fasting (40), the rapid reversal of exploratory behavior is an important survival mechanism in these animals.

We have shown that satiety-induced quiescence can be promoted by a diet that causes excessive storage of fat in *C. elegans*. Remarkably, we found that the behavioral consequence of high fat stores (quiescence) in *C. elegans* can be reversed after a few hours on a regular bacterial diet. This suggests that satiety-induced quiescence caused by excess fat may be used as a model to identify molecular and neuronal mechanisms that control interactions between the gut and nervous system.

Our genetic data and the neuronal circuitry work of others (2) indicate the existence of a complex network of mostly non-overlapping neuronal signaling pathways (5-HT, PDF, cGMP) that control exploratory behavior. This is not surprising, considering that the ephemeral habitat of *C. elegans* (46) requires a sophisticated mechanism for perceiving complex external food cues and integrating this information with the internal metabolic state. We have identified a TF, ETS-5, as an important regulator of exploratory behavior, promoting roaming of *C. elegans* while inhibiting quiescence. As such, ETS-5 may be considered an arousal factor; our data suggest that ETS-5 acts in the same pathway as PDFR-1 in this regard. Given that PDF signaling also acts in *Drosophila* to promote waking states (47), it will be interesting to establish whether PDF in the fruit fly acts in conjunction with an ETS TF to control wakefulness.

Our genetic analysis also identified a role for MOD-1–directed 5-HT signaling in quiescence. Loss of MOD-1 caused complete suppression of satiety-induced quiescence in *ets-5* mutant animals, suggesting that when animals are sated, modification of serotonergic signaling can still regulate quiescence. The significance of this finding in *C. elegans* is unclear; nonetheless, there appears to be a conserved role for 5-HT in the regulation of feeding behavior in other systems (48).

We have shown that the ASG and BAG neurons are important for the regulation of exploratory behavior. Previously, the ASG neurons were shown to regulate dauer formation and longevity, in addition to the detection of food or food breakdown products (49–51). The ASG neurons are also able to act in stress conditions when they are recruited to a novel neuronal circuit to enable an escape response (52). In contrast, the BAG neurons function to detect changes in oxygen and carbon dioxide in the environment and to coordinate behavioral responses according to changes in environmental gas status (26, 53–56). Our behavioral state analysis shows that the ASG and BAG neurons are both important for the inhibition of quiescence under standard laboratory conditions, whereas the ASG neurons potentially play a more major role in the inhibition of roaming behavior.

Owing to the absence of intestinal innervation in *C. elegans*, communication between the nervous system and intestine most likely occurs through the action of neuropeptides. Indeed, we found that disrupted neuropeptide release from the ASG and BAG neurons partially reduces exploratory capacity, as does loss of specific neuropeptides from the BAG neurons. Future work

should concentrate on understanding the molecular mechanism through which ETS-5 controls body fat storage/metabolism through the action of neuropeptides, and how satiety signals control locomotion and feeding. Multiple ETS TFs have been linked to obesity in humans (57–60), and thus the important role of the ETS-5 TF that we describe here may be conserved in higher organisms as well.

Materials and Methods

C. elegans Maintenance. All *C. elegans* strains were cultured on NGM plates at 20 °C as described previously unless stated otherwise (61). All strains generated and used in this study are described in *SI Materials and Methods*.

Exploration Assay. Exploration assays were performed as reported previously (2) and described in detail in *SI Materials and Methods*. Single OP50 *E. coli* colonies were inoculated in 400 mL of LB and incubated at 37 °C overnight for 16 h without shaking. Worms were grown in uncrowded conditions to

the L4 stage. Individual L4 animals were then placed in the center of 55-mm NGM plates uniformly seeded with 500 μ L of OP50 *E. coli* bacteria that had been grown for 48 h at 20 °C. After a 16-h period of exploration at 20 °C, the worms were removed, plates were superimposed on a grid of 3-mm squares, and the number of squares entered by worm tracks was counted manually. The investigator was blinded to genotype, and experiments were repeated at least three times.

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